



# The Asian Barbecue Book: From Teriyaki to Tandoori

*Alex Skaria*

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"A beautiful cookbook"—Steven Raichlen, author of *The Barbecue Bible*

*The Asian Barbecue Book* is an inspired and practical guide to creating countless delicious Asian-inspired meals hot off the flame.

Traveling and eating barbecue throughout Asia, author Alex Skaria has mastered the technique and art of barbecue, combining Western barbecue techniques with the aromatic and enticing flavors of Asia. All of the recipes in the book can be made using conventional backyard grills, yet for those truly adventurous barbecue enthusiasts side bars and tips on making some exotic barbecued meats are included (such as whole pit-roasted pig).

The book starts off with barbecuing fundamentals—choice of grills is discussed, including unique Asian grills, grilling tools, grilling techniques, timing and temperature control, and much more. From tips on tenderizing meat and achieving moist, juicy barbecue, the author guides cooks through the process, ensuring they end up with a great meal every time. Complete with sides, salads and desserts, this treasury of Asian barbecue recipes will be a resource for years to come.

Recipes include:

- Tandoori Spice Rub
- Wasabi Mayonnaise
- Korean-Style Barbecued Sirloin Steaks
- Thai T-bone Steaks
- Stuffed Saffron Chicken
- Grilled Duck Breast with Orange Soy Glaze
- Bombay-Style Swordfish Steaks
- Seared Teriyaki Tuna
- Vindaloo Pork Steaks
- Spicy Sweet Pork Satays with Fiery Lime Chili Dip
- Zucchini with Pesto

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