



## **How to face the Dragon and live happily: instructions to overcome fear of failure**

*L. J. Fox*

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Fear of failure is the dragon of our age. We have shouldered this condition for generations, a burden that hassles us and that undermines every decision we make. How do we overcome fear of failure? And what does failure really mean?

From the three-headed monster to the fire-breathing dragon, this book focuses on failure and the fear that surrounds it from a different standpoint: It provides reflections and tools that can be used to turn each crisis into an opportunity - not without a touch of humour - and exposes the true nature of failure, opening up new brighter perspectives.

From the “utopia complex” to the “theory of the strawberry ice-cream”, the purpose of this book is to reveal the winning outcomes behind every failure, boosting our self-esteem and our confidence in the future. To achieve this goal, the author follows the examples of famous people and successful entrepreneurs, so to provide some real tools to protect ourselves from the uncertainty of destiny and to develop the ability to look at the brighter side of life.

Opening the doors to a new philosophy, failure becomes the equivalent of a domesticated dragon, far from monstrous, whose goal is to teach us not to lose our bearings on the path to self-realisation.

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