



Jerky Recipes: 35+ Recipes for the World's Greatest Jerky Dishes That Are Simple and Delicious

Mary J. Lewis

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Discover How to make your own Homemade Jerky TODAY

Jerky is a healthy, convenient, and tasty snack that you provides you with a boost of protein and gives you the energy you need to face your day. Although store-bought beef jerky may be full of preservatives and too much sodium, homemade jerky allows you to choose which recipes and ingredients are the most appealing to you. You don't have to confine yourself to boring, generic teriyaki beef jerky; instead, you can experiment with a variety of recipes such as spicy turkey jerky, honey ginger-glazed beef jerky, and even cider salmon jerky! Making your own jerky is simple and easy, once you know how. All you need is a recipe for the marinade or seasoning, the meat of your choice, and a way to dry the jerky. Everyone can dry their own meat, whether you have a special food dehydrator or simply an oven. Voila! Once you have a few basic ingredients, you have everything you need to make your own delicious, nutritious jerky.

7 Reasons to Buy This Book

1. This book teaches you about what jerky is and why you should incorporate jerky in your daily diet. 2. This book teaches you what you need to make your own jerky at home. 3. In this book you will learn about the variety of options you have when making your own jerky, from the meat you select to the marinade you prepare. 4. This book teaches you about the process of drying your own meat. 5. In this book you will learn how to cut different types of meat into strips to make jerky. 6. This book provides recipes for every palate, whether you prefer sweet, spicy, salty, or any combination of the three. 7. Inside this book you will find recipes for every type of jerky you can imagine, from beef to turkey and from venison to seafood.

What You'll Know From "Jerky Recipes"

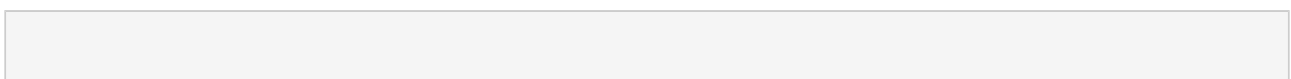
- The history of jerky
- Essential information about jerky
- What you need to make your own jerky at home
- The health benefits of jerky
- Why you should make your own jerky
- Recipes for beef, turkey, chicken, venison, and seafood jerky
- How to dry meat for yourself

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David Henry:

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