



Assessing and Treating Physically Abused Children and Their Families: A Cognitive-Behavioral Approach (Interpersonal Violence: The Practice Series)

David J. Kolko, Cynthia Cupit Swenson

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A professional book aimed at practitioners and practitioners in training, this volume is the first attempt to provide a comprehensive, practical approach to the assessment and treatment of physically abused children. While there are other books that cover certain aspects of assessment and treatment, this book is comprehensive in that it covers child-specific, parent-specific, and family-specific interventions. The volume will present an overview of child physical abuse (including statistics and consequences), it will discuss outcome studies and treatment implications, and it will thoroughly discuss assessment and treatment. It will help practitioners:

- Understand children's abuse experiences, views, exposures to violence, and it will help expose thinking errors or negative attributions. It will also help the practitioner help the children with anxiety management, anger management, social skills, and safety plans.
- Help parents with child management and development, expectations and cognitive distortions, behavior management, and discipline.
- Facilitate family communication and problem solving.

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