



# Novice to Master: An Ongoing Lesson in the Extent of My Own Stupidity

*Soko Morinaga*

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## **Novice to Master: An Ongoing Lesson in the Extent of My Own Stupidity** Soko Morinaga

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In his singularly humorous and biitingly direct way, Zen abbot Soko Morinaga tells the story of his rigorous training at a Japanese Zen temple, his spiritual growth and his interactions with his students and others. Morinaga's voice is uniquely tuned to the truth of the condition of the human mind and spirit and his reflections and interpretations are unvarnished and succinct. His great gift is the ability to lift the spirit of the reader all the while exposing the humility and weakness in the lives of people, none more so than his own.

Read on to see what everyone from *Publishers Weekly* to well-known Buddhist figures and even *New York Times* bestselling author Anthony Swofford have to say about this one of a kind book!

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