

The Rain of Wisdom: The Essence of the Ocean of True Meaning



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The art of composing spontaneous songs that express spiritual understanding has existed in Tibet for centuries. Over a hundred of these profound songs are found in this collection of the works of the great teachers of the Kagyü lineage, known as the Practice Lineage of Tibetan Buddhism.

Many readers are already familiar with the colorful life of the yogin Milarepa, an early figure in the Kagyü lineage, some of whose songs are included here. Songs by over thirty other Buddhist teachers are also presented, from those of Tilopa, the father of the lineage, to those of the Sixteenth Gyalwa Karmapa, as well as several songs by Chögyam Trungpa, the noted teacher of Buddhism in America who directed the translation of *The Rain of Wisdom*.

The diversity of the songs mirrors the richness of Tibetan Buddhism and gives us clear portraits of some of its most eminent teachers. Their longing for truth, their heartfelt devotion, and their sense of humor are all reflected. These poems share a beauty and intensity that have made them famous in Tibetan literature. With its vivid imagery and deep insight, *The Rain of Wisdom* communicates a profound and timeless understanding.

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