



# Worst Laid Plans: When Bad Sex Happens to Good People

*Alexandra Lydon, Laura Kindred*

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“When bad sex happens to good people, there is no recourse like full disclosure,” is the motto of Worst Laid Plans, a collection of forty probably-too-intimate, but shockingly funny, true-life tales of lust gone wrong. The stories are divided into themed sections including Foreign Affairs (“When bad sex goes abroad”), Self-Help (“Love thyself...but do it carefully”), On the Rebound (“The art of getting back in-and-out-there”), Mob Mentality (People will do things in groups they would never do alone”), and The End of Innocence (“A memorial to virginity”) among others. The book evolved out of a storytelling event originally staged at Upright Citizen Brigade, the highly influential comedy organization co-founded by Amy Poehler, who along with Janeane Garofalo and SNL’s Casey Wilson, performed at the show that continues today. Part Vagina Monologues, part car crash, and wholly hilarious, the volume features contributions from shameless actors, comedians, and writers who will shamelessly spread the word via blogs, on-line videos, tweets, on-going WLP performances, film/TV/media contacts, and further sexual conquests.

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