



# Psychiatric Nursing

*Norman L. Keltner, Debbie Steele*

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Learn the therapeutic skills you need to succeed in the nurse's role in psychiatric care! **Psychiatric Nursing, 7th Edition** uses a practical approach to psychotherapeutic management that clearly explains how to manage and treat individuals with psychiatric disorders. It emphasizes the nurse's three primary tools: you and your relationship with patients, medications, and the environment. This edition adds a new chapter on forensics along with coverage of the latest trends and treatments. Written by educators Norman Keltner and Debbie Steele, this text provides a solid, real-world foundation for the practice of safe and effective psychiatric nursing care.

- **Unique! A practical, three-pronged approach to psychotherapeutic management** includes: 1) the therapeutic nurse-patient relationship, 2) psychopharmacology, and 3) milieu management.
- **Unique! Norm's Notes offer helpful tips from the lead author, Norman Keltner, at the beginning of each chapter, making it easier to understand difficult topics.**
- **Nursing care plans** highlight the nurse's role in psychiatric care, emphasizing assessment, planning, nursing diagnoses, implementation, and evaluation for specific disorders.
- **Case studies** depict psychiatric disorders and show the development of effective nursing care strategies.
- **Unique! Putting It All Together summaries** are provided at the end of each psychopathology chapter.
- **Clinical examples** from the authors' own experiences illustrate concepts with real-life clinical situations.
- **Study Notes summarize each chapter's important content.**
- **Learning objectives** at the beginning of each chapter preview the important principles to follow.
- **Critical thinking questions** help you develop clinical reasoning skills.
- **Family Issues boxes** highlight the issues that families must confront when a member suffers from mental illness.
- **Learning resources on the Evolve companion website** include video lectures, psychotropic drug monographs, and NCLEX® exam-style review questions.
- **Patient and Family Education boxes** highlight information that the nurse should provide to patients and families.
- **A glossary** defines key terms, providing a handy reference at the back of the book.
- **NEW! DSM-5 information** is integrated throughout the text, along with updated content and NANDA content.
- **NEW! Survivors of Violence and Trauma chapter** focuses on psychiatric treatment for individuals with mental illness in sex trafficking and forensic environments, along with the social implications for individuals, families, and communities.
- **NEW! Integration of QSEN competencies** highlights the competencies relevant to psychiatric nursing care such as safety, communication, evidence-based practice and others.
- **NEW! Additional NCLEX® examination-style review questions** on the Evolve companion website cover concepts likely to appear on class tests and the NCLEX exam.

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