



# The Secret Lives of Wives: Women Share What It Really Takes to Stay Married

*Iris Krasnow*

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**A bestselling, groundbreaking author investigates successful long term marriages, interviewing wives and their uncensored strategies for staying married.**

America's high divorce rate is well known. But little attention has been paid to the flip side: couples who creatively (sometimes clandestinely) manage to build marriages that are lasting longer than we ever thought possible. What's the secret? To find out, bestselling journalist Iris Krasnow interviewed more than 200 wives whose marriages have survived for 15 to 70 years. They are a diverse cast, yet they share one common and significant trait: They have made bold, sometimes secretive and shocking choices on how to keep their marital vows, "till death do us part," as Krasnow says, "without killing someone first."

In raw, candid, titillating stories, Krasnow's cast of wise women give voice to the truth about marriage and the importance of maintaining a strong sense of self apart from the relationship. Some spend summers separately from their partners. Some make time for wine with the girls. One septuagenarian has a recurring date with an old flame from high school. In every case, the marriage operates on many tracks, giving both spouses license to pursue the question "Who am I apart from my marriage?" Krasnow's goal is to give women permission to create their own marriages at any age. Marital bliss is possible, she says, if each partner is blissful apart from the other.

A fascinating window on the many faces of modern relationships, *The Secret Lives of Wives* brims with inspiring and daring examples of women who have it both ways: a committed marriage and personal adventures in uncharted territory. For anyone who wants to stay married and stay sane, this is the book to read!

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