



# The Irish Beef Book

*Katy McGuinness, Pat Whelan*

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**The Irish Beef Book** Katy McGuinness, Pat Whelan

This is the definitive guide to Irish beef, covering every aspect of buying, preparing, and cooking it. Pat Whelan, Ireland's foremost butcher, shares the benefit of his inherited expertise as a fifth-generation farmer and butcher, empowering readers with the knowledge to seek out the very best beef available. Katy McGuinness shows you how to create delicious dishes using every part of the animal, with recipes selected to ensure that this is the only guide to cooking beef the domestic cook will ever need. With beautiful photography taken on the farm as well as in the kitchen, this unique book is one to celebrate.

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