



From Brenda's Kitchen: 100 Favourite Recipes

Brenda Costigan

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With her no-nonsense style, accessible ingredients and balanced approach Brenda Costigan has long been a favorite of Irish cooks. Constantly aware of healthy eating guidelines, Brenda's recipes are healthy, easy to prepare and suitable for cooks of all abilities. Complimented with beautiful photography and written with busy families in mind this beautiful cookbook is full of inspiring ideas, helpful hints and foolproof favorites that will appeal to cooks of all ages and abilities.

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