



Nigel Foster's Surf Kayaking (Sea Kayaking How-To)

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Surf kayaking combines technical skill with a style of movement that can be as individual as any performing art. Nigel Foster's trademark photo sequences and straightforward writing style combine to teach the essential techniques of this increasingly popular sport. Detailed information on assessing surf conditions and a beach's safety profile; how to master acrobatics, including pirouettes and popouts; wave etiquette; and such special techniques as steering a zigzag course, performing a 360 and roller coasters, and more.



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