



## ChopChop: The Kids'

*Sally Sampson*

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## **ChopChop: The Kids'** Sally Sampson

Winner of the International Association of Culinary Professionals Cookbook Award in the Children/Youth/Family category, *ChopChop* offers simple, healthy, and delicious dishes for children and parents to make together.

Cooking at home helps kids stay healthy, builds family relationships, and teaches math, science, and cultural and financial literacy. That's why *ChopChop* is your family's best friend—and it's jam-packed with kitchen basics, ingenious tips, and meals that taste great and are fun to make.

Every recipe has been approved by the Academy of American Pediatrics and by real kids cooking at home. These dishes are nutritious, ethnically diverse, inexpensive, and a joy to prepare. From French toast to fajitas, and from burgers to brownies, *ChopChop* entertains and inspires cooks of all ages.

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