



An Asperger's Guide to Public Speaking: How to Excel at Public Speaking for Professionals with Autism Spectrum Disorder (Asperger's Employment Skills Guides)

Rosalind A. Bergemann

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This practical guide to effective public speaking for professionals with Asperger Syndrome (Autism Spectrum Disorder) provides tailored advice on using your Asperger strengths to your advantage and overcoming areas of challenge to find your public speaking voice.

Written by a business leader with Asperger Syndrome, it includes guidance and hands-on tools for preparation, research and delivery of successful speeches and presentations. It addresses all the key areas that can cause particular difficulty for people with Asperger Syndrome such as coping with anxiety, interpreting the facial expressions of your audience, awareness of your own body language as projected to others, sensory overload issues caused by the speaking environment, and surviving post-speech networking and social events.

Whether giving a presentation at a meeting, hosting a corporate event, or delivering an autism awareness speech, this book provides all the guidance that professionals with Asperger Syndrome need to master public speaking.

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