



## Clinician's Guide to Cultural Psychiatry (Practical Resources for the Mental Health Professional)

Wen-Shing Tseng

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Increasingly, psychologists are becoming aware of sensitivity needs with respect to treating patients from differing cultures. Culture can play an important role both in what a patient discloses about themselves, how likely they are to follow a therapist's advice, and whether specific therapies are likely to be effective for them. Following on the heels of Tseng's "Handbook of Cultural Psychiatry" comes this "Clinical Application of Cultural Psychiatry."

This more concise book focuses on information most relevant to treating patients. The book discusses how culture plays a role in specific disorders (depression, anxiety, eating and sexual disorders, substance abuse, schizophrenia, etc.). relevant sensitivities to keep in mind in treating specific patient populations (age groups, differing religions, and differing ethnicity's).

- \* Written by a nationally and internationally recognized scholar, clinician, and author
- \* Has the proper combination of knowledge, skill, and conceptual discussion for clinical practicalities
- \* Provides comprehensive and systematic coverage of major topics for clinical application
- \* Enhanced by more than 120 tables and figures and nearly 30 case illustrations
- \* Will serve as a major textbook in the training of psychiatric residents and clinical psychologists



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