



Working with Violence: A Contemporary Psychoanalytic Approach (Basic Texts in Counselling and Psychotherapy)

Jessica Yakeley

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It has become an urgent priority to tackle the problem of violence. But in an age preoccupied with public protection and risk, violent behaviour is more likely to provoke a punitive response than any attempt to understand and address its root causes.

Drawing on the field of psychoanalysis and the expanding discipline of forensic psychotherapy, this book offers a strong conceptual framework for understanding the motivations and dynamics that underlie violent behaviour in adults.

Yakeley offers new insights into the therapeutic containment of aggression:

- exploring violence in relation to specific areas including mental illness and personality, sexuality, gender, and racism
- describing in detail the assessment and treatment of violent patients, whether one to one, in groups or at an institutional level
- looking closely at work in different forensic settings as well as the interface between the mental health and criminal justice systems
- illustrating observations and techniques with vivid case examples.

Written in a clear and approachable style, with a helpful glossary of psychoanalytic and technical terms, *Working with Violence* is essential reading for those working, or considering working, in counselling, social work and health care settings where they come into therapeutic contact with violent individuals.

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