



Vegetarian America: A History

Karen Iacobbo, Michael Iacobbo

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The first complete history of vegetarianism in the United States, this story reveals the people, the organizations, and the events from the late 1700s to the present. Despite generally held notions that today's vegetarianism sprang from 1960s counterculture and that prior to that its only advocates were fanatics and fringe groups, the authors explore strong movements in other historical eras, the proponents of which included esteemed physicians, socialites, and other notable members of the establishment. Until now, no one has chronicled the contributions that advocates of vegetarianism have made to the American way of life in areas such as general eating habits, preventative medicine, feminism, environmental awareness, and elsewhere.

From Johnny Appleseed and the Bible-Christians to John Harvey Kellogg and the People for the Ethical Treatment of Animals, the story features dedicated and colorful characters who persevered, undaunted by the many obstacles that they faced, to convince their fellow Americans of the benefits of vegetarianism. From a religious movement, to an ethical concern about the rights of animals, to many recent nutritional discoveries, vegetarianism is a movement that continues to evolve and grow.

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Jimmy Hostetter:

Spent a free time to be a fun activity to do! A lot of people spend their down time with their family, or their friends. Usually they do an activity like watching television, going to the beach, or a picnic from the park. They actually do ditto every week. Do you feel it? Do you wish for something different to fill your own free time/ holiday? Could possibly be reading a book could be an option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to test look for a book, may be the book titled Vegetarian America: A History can be a fine book to read. May be it might be the best activity to you.

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