



# Wrestling With Angels: What Genesis Teaches Us About Our Spiritual Identity, Sexuality and Personal Relationships

*Naomi H. Rosenblatt, Joshua Horwitz*

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## **Wrestling With Angels: What Genesis Teaches Us About Our Spiritual Identity, Sexuality and Personal Relationships** Naomi H. Rosenblatt, Joshua Horwitz **Wrestling with Angels**

For over twenty years, psychotherapist, lecturer, and Bible teacher Naomi H. Rosenblatt has been leading some of the nation's best and brightest minds through the Bible, from Wall Street boardrooms to weekly sessions in the U.S. Congress, in what William Safire has called "the best Bible class for the layman." Drawing upon insights into human nature gleaned from decades of private practice and a lifelong study of the Bible, she sifts through the Bible's epic stories, filled with vivid characters in dramatic circumstances, to show how the lessons of their lives empower us today as parents, spouses, businesspeople, citizens, and lovers.

In **Wrestling with Angels**, she and her co-author Joshua Horwitz retell and interpret the multigenerational saga of the first family of the Bible, showing how their all-too-human struggles are decidedly relevant to the issues confronting us today.

The Bible? Relevant today? Many readers will be surprised by how truly relevant the Book of Genesis is. It discusses, among other things, the first recorded case of sexual harassment; surrogate parenting and the problems it raises; siblings battling over the love of a parent; rape and its consequences; and vigilante justice. The issues faced by Adam and Eve, Abraham and Sarah, and their descendants are remarkably similar to those that arise in all of our lives, including:

- The strenuous demands of adulthood
- The challenges of faith
- The joys of sexuality
- The nature of leadership and heroism
- The responsibilities of parenting
- The role of values in building character
- The empowerment of a spiritual identity

In this extraordinary book of timeless and profound wisdom, Naomi Rosenblatt invites both Christians and Jews to revisit our common spiritual heritage: "For the humanist, the religious, the agnostic, or the merely inquisitive, **Wrestling with Angels** is an open invitation to probe the mystery, the miracle, and the drama of adult life in an imperfect world."

A book to be read again and again, **Wrestling with Angels** is a poignant and pragmatic guide to the bestselling self-help book of all time.

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