



# Healing Young Brains: The Neurofeedback Solution

*Robert W. Hill PhD, Eduardo Castro MD*

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Neurofeedback is a scientifically proven form of brain-wave feedback that trains the child's brain to overcome slow brain-wave activity, and increase and maintain its speed permanently. Neurofeedback is quick, noninvasive, and cost effective. In fact, 80 percent of the time, neurofeedback is effective without any of the side effects associated with drugs commonly used for such childhood disorders as autism, ADHD, dyslexia, sleep disorders, and emotional problems.

*Healing Young Brains* examines each disorder separately and explains in lay terms:

- \* The manifestation of the disorder
- \* The diagnosis
- \* The rationale for treating the disorder with brain-wave training

*Healing Young Brains* is parents' guide to all they need to know about treating their children with neurofeedback as an alternative to drugs.

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