



The Secret Ingredient of Wishes: A Novel

Susan Bishop Crispell

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26-year-old Rachel Monroe has spent her whole life trying to keep a very unusual secret: she can make wishes come true. And sometimes the consequences are disastrous. So when Rachel accidentally grants an outlandish wish for the first time in years, she decides it's time to leave her hometown—and her past—behind for good.

Rachel isn't on the road long before she runs out of gas in a town that's not on her map: Nowhere, North Carolina—also known as the town of “Lost and Found.” In Nowhere, Rachel is taken in by a spit-fire old woman, Catch, who possesses a strange gift of her own: she can bind secrets by baking them into pies. Rachel also meets Catch's neighbor, Ashe, a Southern gentleman with a complicated past, who makes her want to believe in happily-ever-after for the first time in her life.

As she settles into the small town, Rachel hopes her own secrets will stay hidden, but wishes start piling up everywhere Rachel goes. When the consequences threaten to ruin everything she's begun to build in Nowhere, Rachel must come to terms with who she is and what she can do, or risk losing the people she's starting to love—and her chance at happiness—all over again.

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