



# Understanding Drug Treatment in Mental Health Care

*Alyson J. Bond, Malcolm H. Lader*

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This book describes the types of drugs that are used to treat the most common psychological disorders, including anxiety disorders, sleep disorders, depression, and schizophrenia. It also examines both the beneficial and the unwanted effects of drugs in the context of a wider treatment programme. This resource book helps clinical psychologists and other paramedics to become familiar with the sort of treatment their patients might be concurrently receiving from a medical practitioner and/or psychiatrist.

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