



Cria hijos sensatos sin perder la cabeza (Spanish Edition)

Dr. Kevin Leman

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Nosotros hemos visto al enemigo . . . y son pequeños

Si alguien entiende por qué los niños se comportan como lo hacen, es el psicólogo y autor de éxitos de librerías Kevin Leman. A fin de capacitarte con siete principios de disciplina real, este padre de cinco hijos te mostrará cómo:

Lograr que los chicos hagan lo que tú quieres

Tratar con los quisquillosos para comer, controlar las rabietas y minimizar la rivalidad entre hermanos

Usar autoridad y determinación para mostrarles a tus hijos que no eres presa fácil

Saber cuándo controlar al pequeño travieso

Establecer recompensas adecuadas, horarios de llegada a casa y privilegios

Tomar el control de nuevo

Al final de cada capítulo, el doctor Leman te brinda preguntas, una guía de discusión y ejemplos de la vida real que constituyen técnicas a prueba de fuego para desarrollar un método cariñoso y sensato para criar hijos. Con más de un millón de libros impresos, no te puedes perder este clásico éxito de ventas.

El doctor Kevin Leman es un psicólogo internacionalmente reconocido, humorista y autor de éxitos de librerías como Tengan un nuevo hijo para el viernes y The Birth Order Book. Actualmente es asesor psicológico del programa televisivo Good Morning America y frecuente invitado a varios programas muy populares en radio y televisión. Él y su esposa, Sande, viven en Arizona. Tienen cinco hijos y dos nietos.

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